



COMING SOON

LEVEL I: IASTM FUNDAMENTALS

EARN UP TO 11 CEUs

SATURDAY, FEBRUARY 11

8:00 AM - 5:30 PM

Gateway Community &
Technical College
500 Technology Way
Florence, KY 41042

Course Instructor
TBD

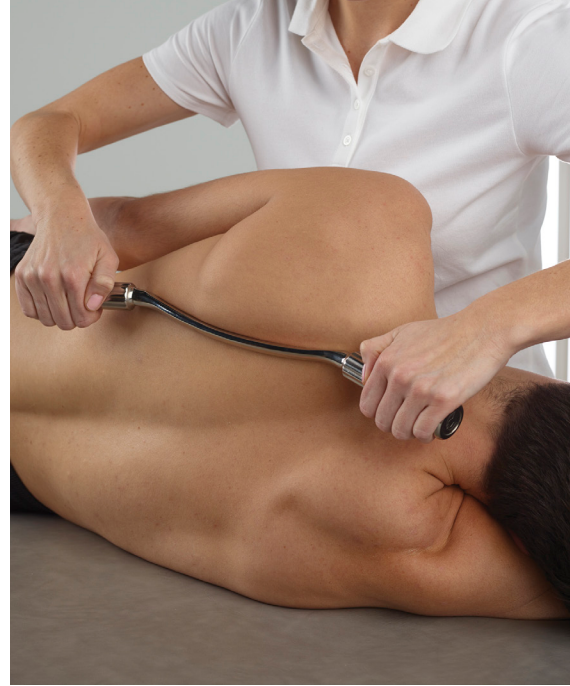
Early Bird Price: \$349 until 01/11/17

Regular Price: \$399

**REGISTER
TODAY!**

WEB
HAWKGrips.COM/Events

PHONE
484-351-8050 EXT. 104



COURSE DESCRIPTION

This 8-hour course covers the basic skills necessary and to safely begin Instrument Assisted Soft Tissue Mobilization (IASTM) techniques. In this introductory skills acquisition course, participants will receive hands-on instruction in the proper use of IASTM through a lab-focused teaching format. The course will address proper instrument selection to address body contours and reach target tissues.

At the end of the course, attendees will take an exam for a certification in Level I: IASTM Fundamentals.

Please dress to allow skin access to your entire upper and lower quarters to enhance the learning process.

At the completion of this program, the participant will be able to:

- List the precautions and contraindications for IASTM
- Understand, identify, and apply the appropriate IASTM treatment edge based on the target tissue and desired treatment effect
- Choose appropriate basic treatment IASTM strokes based on the body region contours, nature of the soft tissue restriction, and desired treatment outcome
- Integrate IASTM intervention into the overall treatment program to produce carry-over of the treatment effect and enhance treatment outcomes

COURSE OUTLINE

- Introduction: theoretical basis of IASTM, review of current literature
- Basic handling, tool selection, and basic treatment strokes lab
- Lecture/discussion – treatment integration and dosing
- Myofascia and cutaneous strokes lab
- Deep muscle strokes lab
- Ligament/ tendon treatment strokes lab
- Hard tissue/soft tissue interface lab
- Instruction in use of the Multi-tool and skills integration lab

WHO SHOULD ATTEND

The target audience is restricted to those who have achieved or are a student in their junior or senior year (transcripts required) working towards one or more of the following credentials: ATC, CHT, CLT, DC, DO, DOM, MD, MT, ND, OT, OTA, PT, PTA, RN. For other relevant credentials please contact HawkGrips to verify eligibility.



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Conshohocken, PA 19428
United States

CANCELLATION POLICY

HawkGrips reserves the right to cancel any live course. A cancellation is decided by the morning of the scheduled program. A full refund of tuition will be issued within 2 weeks if the course is canceled due to extenuating circumstances. HawkGrips is not responsible for any travel-related expense, including but not limited to airfare, overnight accommodations or other arrangements.